

Unstuck and Unstoppable!



Adult Coaching Groups to Launch You into Action

Do you have amazing plans and great intentions, but have trouble getting started, getting going, or even getting out of bed? Join an **Unstuck and Unstoppable Coaching Group** and learn the secret to unlocking your own unique brain! It's all about getting YOUR brain jump-started through the power of strengths, then launching into action, one step at a time.

Participants will work in a small online group with internationally certified executive function coach, Diane McLean to:

- ✓ learn how we become stuck and how to get unstuck
- ✓ uncover individual performance, character, and processing strengths
- ✓ discover how executive functions are activated when we embrace our authenticity
- ✓ identify accountability strategies to increase incremental success
- ✓ share experiences in a safe environment to support and encourage others
- ✓ develop strategies that work for YOU and try them out with the support of the group

Coaching Package Includes:

Eight 1-hour weekly group coaching sessions

Access to private Facebook group

Results of strengths assessments

Session Recordings

Dates: Thursdays from August 2 – September 27 (No session September 13)

Time: 7:00 p.m. Eastern Time (6:00 Central Time, 5:00 Mountain Time, 4:00 Pacific Time)

TSSUS CONFERENCE DISCOUNTED PRICE: \$400 (33% off regular group rates)

To receive discounted price, registration form and \$200 deposit must be received at TSSUS Conference.

Balance due by August 2, 2018.

Sessions conducted online using Zoom. Registered participants will receive details about how to access the sessions online or by telephone prior to the first session.

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