

Calming the Storm

Online Group Coaching for Parents of Uniquely Wired Kids



- Are you tired of chaotic mornings getting kids off to school?
- Do battles over homework seem to be the norm?
- Are you stressed out and exhausted as a parent, and nothing seems to help?

Join our online coaching group and learn ways to maintain a calm connection with your child.

This group is for **parents** who want to learn ways to improve communication and decrease stress at home. In this small, online coaching community, we learn about our own **strengths** as parents and how to use those to understand and guide our kids with executive function challenges.

WHAT: Eight (8) sixty-minute online group coaching sessions

WHEN: 12:30 pm ET, 11:30 CT, 10:30 MT, 9:30 PT

WHO: Parents who are interested in learning more about themselves and understanding their children's unique needs, sharing this experience with a small, supportive group of other parents.

FORMAT: Online using the video chat platform, Zoom. Sessions include group discussion of topics, as well as one-on-one coaching.

TOPICS: Discovering your child's strengths and your strengths as a parent, learning about the unique brain-wiring of kids with executive function challenges, developing strategies based on individual strengths, and creating effective plans for using strategies for success

FEE: \$250 due before start of first session.

To learn more about the group and to see if it is a good fit for your situation, please follow the link below to schedule a required, complimentary Introductory Coaching Session. This free session is a pre-requisite for all group registrations.

Click here for
more information

